

# Elton Parish Council

## Community support for self-isolating residents

With the Coronavirus spreading across the country, some people will be making the decision to self-isolate in their homes if they or members of their family are showing symptoms of the virus, have visited a place where the virus has spread or have underlying health conditions.

Although, at the time of writing, the number of cases in the local area and the risk to our community is fairly low, the situation remains real and serious. Nevertheless, residents and families will choose to self-isolate.

Most residents who choose to self isolate will have somebody who they can rely on for support, such as a relative, friend or neighbour, but they might not always be available when needed. So, the Parish Council wants to make sure all people and families have support as and when they need it. This might be to bring shopping, supplies, collect prescriptions, walk dogs or simply put out the bins.

Below and over the page is a list of ways you can offer to volunteer or get support if needed. Also, provides useful contact numbers and websites for medical advice and local information.

### **Offer to volunteer**

Please contact Colin Swindell or Carolyn Wilson (details over the page) to sign up to be a volunteer and be on standby as and when needed. We just need your name and contact number.

### **Let us know you need support**

Colin Swindell and Carolyn Wilson are the main points of contact if you need help with shopping or any other day-to-day things (contact details over the page). They will make sure a volunteer gives you the support you need.

### **Telephone orders from Winster Shop**

The village shop at Winster is willing to take orders from Elton residents and will have them delivered to your door. Please contact the shop direct on 01629 650 683 to place an order and arrange payment and delivery.

**Please turnover for details on who to contact if you need support, medical advice and how to get up-to-date information**

# Useful contacts and information

## **Volunteer coordinators**

(for anybody in need of help or support)  
Colin Swindell - 07816 986 956 or email [elton@live.co.uk](mailto:elton@live.co.uk)  
Carolyn Wilson - 01629 650 757

## **Winster Shop**

(telephone orders and deliveries)  
01629 650 683

## **Medical advice, attention or emergency**

Winster Surgery - 01629 650 207  
NHS non-emergency - 111  
NHS Emergency - 999 (only when conditions are life threatening)

## **Useful websites**

NHS - [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus)  
Government website - [www.gov.uk](http://www.gov.uk)  
Derbyshire Dales District Council - [www.derbyshiredales.gov.uk](http://www.derbyshiredales.gov.uk)  
Derbyshire County Council - [www.derbyshire.gov.uk](http://www.derbyshire.gov.uk)  
Elton parish website - [www.eltonderbyshire.com](http://www.eltonderbyshire.com)

## **Elton website and email**

The village website will be kept updated with useful and local information.  
Visit [www.eltonderbyshire.com](http://www.eltonderbyshire.com)

You can also sign up for emails from the Parish Council which will provide local news and information as and when necessary. Send your email address to [elton@live.co.uk](mailto:elton@live.co.uk)

## **This information is being provided on behalf of Elton Parish Council** **BUT PLEASE NOTE...**

The decision whether or not to self-isolate is for the individual concerned and not for the Parish Council or volunteers to advise or enforce.

Medical advice should only be sought from your GP or NHS 111 - not volunteers.

Please check the latest guidelines from the NHS, Government or Public Health England on how to identify symptoms of Coronavirus, prevent catching and spreading the virus and the steps you should take if you think you have come into contact with somebody who may be carrying it.

The situation with regards to Coronavirus and steps people should take is changing daily. Keep an eye on the above websites for information on what is happening locally and nationally.